

THE Hidden Grove & Green Valley CENTRAL POINT

June 2018

"Our mission is to provide for the safety of our residents, maintain the common property and protect our home values."

Point on Association and Business



Keeping Your Home and Valuables Safe from Burglary

Although Hidden Grove/Green Valley remains one of the safest neighborhoods in Central Point, there has recently been some criminal activity in our neighborhood. Unfortunately, burglaries in our area and others happen from time to time. Here are a few suggestions for reducing your chances of being the target of a burglary.

Lock all your doors no matter how briefly you'll be away from home.

Park your car inside your garage or carport as much as possible. Always keep your vehicle locked and do not leave valuables in your car.

Make sure your post light along the sidewalk comes on at night and keep your front porch light on all night, even when you're out of town. Not only does it signal that someone is home, it also makes it harder for vandals to hide among the shadows.

Unless you are working or playing in the front yard, always keep your garage door closed. Ask a trusted neighbor to call you if they see that your garage door has been left open accidentally.

Experts agree that hiding a key somewhere outside your home is a bad idea. Burglars, or anyone who may have seen you hide the key, will know where to find it. Instead, give a key to a neighbor.

"John, I've gone to pick up your sister. I'll be home at 3:30. —Mom"
This note also means, "Burglar, this house will be unoccupied for 45 minutes. Help yourself."

If you're going to be out of the house for a short time, leave a television or radio on to create a sense of activity and presence.

Picking up litter and keeping trees, bushes and lawns trimmed not only makes the neighborhood look better, it also sends the message that our residents are diligent about keeping the neighborhood a respectable place to live.

If you're going to be away for a longer time, such as a vacation, take a few simple precautions to keep your home from looking empty. Ask a neighbor to keep the door and porch clear of delivery notices, newspapers and fliers. Let your neighbors know how to reach you in case of an emergency. You can also contact the Central Point Police Department to have them do a free "Vacation House Check" on your home. Visit their website <http://www.centralpointoregon.gov/police/webform/vacation-house-check-form> for more information.

If you happen to be a victim of a crime, please report it to the Central Point Police. They will step up their patrols of our neighborhood if they think it will help. Check Craigslist, local pawn shops, swap meets and yard sales for your belongings. Also, marking your valuable personal property won't prevent it from being stolen, but it will help you get it back if it is. Photographing items will make it easier to retrieve them from the police if they are recovered and will aid in making an insurance claim if they aren't.

If you notice a crime or a suspicious activity, regardless of how small the incident may seem, notify the office and the police immediately.

Of course, only call 911 if it is an emergency; otherwise, contact the Central Point Police on their non-emergency line at 541-664-5578 or through their app.

It doesn't take much to discourage burglars. They succeed on opportunity, and if your home doesn't offer a good opportunity, they will move on to one that does.

Board of Directors Meets for May Meeting

On May 16, the Board met for their May Meeting.

Unfortunately, the Board had to accept the resignations of President Regina Nelson and Vice President Denise Walker. After 6+ years as President of the Board, Regina has decided to step down; and Denise has moved up north to be closer to her family. The Board was very sorry to lose such great Board Members, and all voiced their appreciation for what they both have meant to the Board and the HOA.

Samantha Jansen was elected to the Board and has been appointed to the position of Vice President. Welcome Sammi!

The Board then approved all financial reports.

The Board discussed the language contained in our Non-Compliance reminders as some residents have voiced concern that they can seem harsh. There was quite a bit of discussion, the Board and audience reached a consensus that our system of notification, while not perfect, works. The owners always can have their grievances and concerns heard by the Board.

The Board also discussed weather clover should be considered a weed. The decision to allow clover as a ground cover was reached by the Board with input from the audience. It must be mowed and maintained the same as a grass lawn.

After the success of the Landscaping for Water Conservation class, the Board has expressed that they would like to have more classes in the clubhouse for residents. Some ideas include living in a diverse community and healthy eating for the holidays. More information regarding classes to follow.

The Board also voted to have free lightbulbs in the clubhouse for residents who receive a non-compliance notice for their post light being out.

**Next meeting of the Board of Directors will be
July 11th at 6:00pm in the clubhouse.**

New Office Hours

The clubhouse office now has new hours. We are open from 9:00AM to 2:00PM M-F. If you would like to schedule appointments outside of these office hours, please contact the office at 541-664-3996.

Open Board Position

Have you ever wanted to participate in the governance of our Association? Come be involved in our neighborhood and community! There is an open position on the HGGV Board of Directors. Please contact the office in writing by July 5th if interested.

COMMUNITY AND NEIGHBORHOOD HAPPENINGS

POINT ON THE GOOD HEALTH

Itch, Ouch, Scratch! It's Bug Season!

Whether you're attacked while working in the garden or lounging by the pool, bug bites and stings are an inevitable summer annoyance. At best, bites and stings can be uncomfortable for a few days; at worst, they can be a serious, life-threatening hazard.

If the bite or sting is mildly painful or itchy, apply over-the-counter medication that contains Benadryl or cortisone for topical relief. Other home remedies, like applying a paste made from baking soda and water, dabbing on ammonia with a cotton ball, soaking in oatmeal baths or even applying toothpaste to the site may also provide relief.

Whatever you do, don't scratch. This won't relieve the itch or sting and can cause an infection or leave a scar.

If you feel faint, nauseous, dizzy or disoriented, or if you experience rapid heartbeat, difficulty breathing or your lips, tongue or throat swell, call 911 immediately. These symptoms indicate a severe allergy to the insect's venom.

Stay alert for delayed symptoms around the bite or sting. These may include redness or swelling, which could indicate an infection or other condition. See a doctor right away if you have a headache, fever or joint pain within a few days of being bitten. Some insects, like ticks and mosquitoes, can infect their victims with serious, flu-like illnesses, such as Rocky Mountain spotted fever, Lyme disease and West Nile virus, which only a physician can diagnose and treat.

To avoid bites, use insect repellent when outdoors and wear light-weight, light-colored clothing over arms, legs and feet to keep insects off your skin. Avoid wearing perfume and fragrances, which can attract biting or stinging bugs. Eliminate standing water in buckets, barrels and unused flower pots on your porch or in your yard. Turn over kids' wading pools when not in use and change the water in pet dishes and bird baths every 48 hours. Make sure window and door screens are in good repair and that gutters are free of debris.

POINT ON THE ROGUE VALLEY

Brews, Bluegrass and BBQ

Tap into the best of the Rogue Valley's food, drink and music at the 2018 Brews, Bluegrass & BBQ 12-8pm Saturday June 2 at beautiful RoxyAnn Winery. Brews, Bluegrass & BBQ is a fun music and food festival that supports the Rogue Valley Food System Network and Rogue Farm Corps. The Rogue Valley Food System Network is growing a healthy, thriving Rogue Valley Food system through education, collaboration and celebration. The Rogue Farm Corps trains and equips the next generation of farmers and ranchers through hands-on educational programs and the preservation of farmland.

Meet local brewers, sample brews taste great BBQ and hear amazing music!

This year the food will be supplied by four vendors:

- Fired Up Food Truck is a gourmet mobile kitchen serving fusion cuisine from all over the world.
- The Old Steam Engine Barbeque, an award-winning caterer known for their beef brisket, chicken and ribs.
- Heart and Bowl, Southern Oregon's hottest new food truck serving delicious healthy bowls made with love using local seasonal ingredients
- CABA Authentic Argentine Empanadas, a family business formed by an Argentinian couple who are bringing their authentic Argentine empanadas to Southern Oregon.

The music begins at 12:30 and features 5 bands that will play throughout the day and into the evening.

Tickets are \$20 in advance and \$25 at the door. Admission includes commemorative pint glass and tasting tickets. Non-beer drinkers can purchase music-only tickets for \$15 in advance and \$20 at the door. Children 16 and under are free. For more information or tickets, please visit <http://www.roguebbb.org/>



POINT ON THE COMMUNITY

Water Conservation

The HOA held a class about water conservation in the clubhouse on April 26th, and we thought we would share the highlights, so all residents have the opportunity to conserve water while keeping their landscaping healthy.

There are several resources available to Rogue Valley residents to help conserve water. While most of us have sprinkler timers, most of us set those timers at the beginning of the summer and forget about them until we turn them off in the fall. The Medford Water Commission has a website that projects, on a weekly basis, how many minutes of water Rogue Valley lawns will need. HGGV will be sharing the updates on our Facebook page, but please visit <http://www.medfordwater.org/Page.asp?NavID=253> for more information.

Another great way to conserve water is to consider Xeriscaping. Although most of us think of yards full of rocks and cacti when we think of Xeriscaping, but it simply means to landscape in a style which requires little or no irrigation. There are many plants other than cacti that do not require as much water. Also, using an effective mulch can help retain soil moisture and suppress weeds.

For those of us that still have grass in our landscaping, mowing the grass on a higher mower setting helps conserve water while at the same time helps choke out the weeds we do not want.

Following a few simple steps can go a long way in helping conserve water while keeping landscaping looking lush and cared for. That is good not only for the owner, but also for the environment.

7 Tips for Saving Water in Your Landscape

Want to create a beautiful landscape for your home that also saves water? Check out these smart tips that will reduce landscape water use but still leave your property looking beautiful and alive.

1. Start early. Plan ahead so that all new plantings take place in the spring. It keeps you out of the summer heat. Plus, plants require much less water to get situated in the spring than warmer months.
2. Go native. When deciding what to install in your yard, consider native and drought-resistant plants. They typically require less maintenance and little watering once established (sometimes none at all!)
3. Add compost and mulch. Use compost when planting and cover the area with mulch afterwards. Compost helps keep the water by the plant's roots and mulch prevents evaporation. Make sure to leave some space around the base of each plant and resist creating mulch mounds around plants and trees.
4. Reduce your lawn. The average American household uses 320 gallons of water per day, about 30 percent of which is devoted to outdoor uses. More than half of that outdoor water is used for watering lawns and gardens. Consider replacing some of that grass with an attractive groundcover that is drought-resistant, covers a large area, and requires zero mowing.
5. Let it super soak. Up to a third of all water from sprinklers can evaporate during the heat of the day. Instead, give your plants fewer, heavy soakings. If you must use sprinklers, only use them at night or in the early morning.
6. Reuse greywater or capture rainwater. Reusing grey water or capturing rainwater offers a free source for landscape irrigation. These systems can be easily installed and even incorporated into irrigation systems.
7. Set up a drip irrigation system. Drip irrigation systems water plants right at the root and are an efficient alternative to sprinkler systems. They use 20 to 50 percent less water than conventional pop-up sprinkler systems and can save up to 30,000 gallons per year. Be sure to get a timer for maximum effectiveness.

For more information: <https://www.asla.org/watersavingtips.aspx>



HIDDEN GROVE & GREEN VALLEY

Community and Neighborhood Bulletin Board

June Calendar of Events

06/02 – Brews, Bluegrass & BBQ

06/14 – Flag Day



06/15 – The Incredibles 2 in Theaters

06/17 – Father's Day

06/21 – First Day of Summer

06/22 – Jurassic World: Fallen Kingdom in
Theaters

06/28 – Full Moon

**HAPPY
FATHER'S DAY**

Kids, Summertime and Safety.

Summer is here, and for many of our youngest residents that means they have the freedom to play outside to their heart's content. While we encourage kids to enjoy summer to the fullest, we also want everyone to stay safe. Here are a few guidelines to make sure these school-free months go smoothly:

Make sure your children are proactive about their safety. It is important that kids understand what types of injuries could occur during summertime activities and how they can best avoid them.

Supervise your kids at the pool. It only takes a second for even good swimmers to find themselves in a dangerous situation at the pool, so it's vital that kids are supervised by someone who knows the signs of a distressed swimmer.

REMINDER: OREGON ADMINISTRATIVE RULES REQUIRE ALL KIDS UNDER THE AGE OF 14 NEED TO BE SUPERVISED BY AN ADULT OVER THE AGE OF 18.

Slow down while driving through the neighborhood. With children out and about in full-force during the summer, you're more likely than ever to see a distracted kid chasing after a run-away baseball or skateboarding on the streets. So slow down, be extra aware of what's going on around you, and be prepared to stop suddenly if a child runs out into the road. Parents should remind kids to be aware of oncoming cars as well, and to be extra careful when they are on the street.

**When
Thunder
Roars,
Go Indoors!**



Lightening Safety

Warm weather usually means fun in the sun, but summer heat also can bring severe weather. Threatening thunderstorms often loom large on summer afternoons so it is important to be prepared for downpours and accompanying lightning. If you can hear it, fear it, if you see it, flee it. Our pool is not a safe place during, or for 30 minutes after a thunderstorm. Please remember:

IF THUNDER ROARS, GO INDOORS.

"A father is neither an anchor to hold us back nor a sail to take us there, but a guiding light whose love shows us the way."

-UNKNOWN