CENTRAL POINT

"Our mission is to provide for the safety of our residents, maintain the common property and protect our home values."

Point on Association and Business

Taking Care of the HG/GV Pool

Having our own neighborhood swimming pool is a luxury that most people envy. It is vital that all of us participate in taking proper care of our swimming pool; otherwise we run the risk of causing severe damage to it.

When at the pool with your kids or friends, please keep in mind the posted pool rules. The rules are designed to ensure that everyone has a good time and that the pool facilities do not get damaged.

Weather permitting, pool hours are 9:00am to 9:00pm (11:00am to 9:00pm on Wednesdays).

BRING AN ADULT. Oregon Administrative Rules state: "CHILDREN UNDER 14 -- BRING AN ADULT. Nonswimmers and children under 14 years of age need responsible adult supervision." **THIS IS THE LAW!** We don't know how old your kids are. It is your responsibility to make sure that if you children are under the age of 14, they are accompanied at the pool by an ADULT (not another person over the age of 14).

Also, please take all steps to ensure that kids are safe in the pool. Teach your children how to swim, take efforts to know CPR, and never take your eyes off children in the water – not even for a minute. If more than one adult is at the pool, designate a "pool watcher" to keep an eye on the kids.

No glass bottles or containers are allowed at the pool. The signs are quite clear. In fact there are 11 signs that state, "NO GLASS." But, do you ever wonder why we do not allow glass containers at the pool? The reason is quite obvious once you think about it. It is virtually impossible to clean every bit of broken glass off the pool deck. The glass that remains is just waiting for a bare foot to pass by.

Also, if glass breaks and gets into the water it could harm swimmers or destroy our pool pump and filter system. We would have to drain the pool, and since the water could have carried the broken glass all over the pool, the entire pool surface would need to be swept thoroughly, and then refilled. This process would be quite time consuming and costly.

Following the pool rules and taking care of our pool doesn't have to be difficult, and properly maintaining our pool will make it last longer, cost less and be a safer place for family fun.

How Much Should I Be Watering My lawn?

One of the biggest questions residents have during these hot, summer months is "How much water does my lawn need to stay green?" It turns out that the Medford Water Commission has done some research and come up with some times and tips for

Hidden Grove & Green Valley July 2017

keeping your grass green.

They estimate that from July 1-15, grass needs 70 total minutes of standard spray per week, and from July 16-31, grass needs 68 total minutes of standard spray per week. They also provide these scheduling tips:

When to Water:

Running sprinklers between sunset and sunrise is best, as temperatures are at their lowest and the air is calm. Water pressure also tends to be most reliable prior to daylight, when other water demands are low. Daytime watering results in high water losses from evaporation. Daytime temperatures often peak around 4 pm and evening breezes are common, so wait until at least 9 pm if you prefer evening sprinkling.

How to Water:

If your timer has multiple start time capability, utilizing it will allow you to split a day's watering into two or more cycles. This can be particularly beneficial in our region where clay soils tend to absorb water very slowly. "Cycle and soak" irrigation allows water from each cycle to absorb into the soil before more water is applied. For example, the above watering times suggest sprinkling during the first part of July for 70 total minutes per week when using standard spray heads. Splitting this time among four watering days would mean 18 minutes of run time each watering day. Rather than applying this water all at once, try splitting each day's watering into three cycles of 6 minutes each. To do this, set the timer for three start times per watering day spaced about an hour apart (but making sure to leave enough separation between start times to allow all zones on that program to finish running).

Visit their website at: http://www.medfordwater.org/index.asp for more information.

CC&Rs Corner

Keeping Lawns Looking Nice. Did you know that our CC&Rs require that lawns stay maintained? They specifically state: "Trees and lawns must be watered and lawns must be mowed, edged and kept free of weeds. Trees and shrubs must not obstruct signs or block roads or sidewalks. Yard areas must be kept free of weeds, clutter and debris. The Lot owner will be responsible for the care and maintenance of the Lot at all times, including vacation or periods of absence. Adequate water shall be applied to maintain the landscaping in an appropriate manner."

HIDDEN GROVE **GREEN VALLEY JULY 2017**

COMMUNITY AND NEIGHBORHOOD HAPPENINGS

POINT ON THE GOOD HEALTH Helmets

With so many kids riding bikes, scooters and skateboards around the association, we thought this would be a good time to remind everyone about being safe.

The League of American Bicyclists wants everyone, especially children, to be safe while riding in our community, and they recognize children cannot be watched 100% of the time. Here are some steps which could increase their safety when you're not around.

Regularly check equipment. Check bikes, scooters and skateboards for cracks or dents, sharp metal parts or jutting edges. Replace defective equipment and consult a professional for repairs.

Require protective equipment. Scooters, roller blades, bikes and similar equipment cause thousands of injuries every year. Make sure your children are wearing helmets. Buy a helmet your kid thinks is cool and you know is safe, it's worth the extra money if your child is more likely to wear it.

No matter what your age or level of experience, whenever you ride a bike or engage in other activities during which your head is vulnerable to injury, a helmet should be worn.

Wearing a bike helmet reduces the risk of serious head and brain injury by 85%. Helmets should be worn during every ride, no matter how short. Many accidents happen near home.

POINT ON THE ROGUE VALLEY

Farmers Markets: Buy Local & Support Local

Our community is fortunate to have several local farmers markets nearby. If you haven't shopped at one before, consider the many advantages of patronizing our local farmer's markets.

Farmers markets have gained popularity in the last few years as more consumers have come to enjoy the fresh, locally grown produce, baked goods, eggs, dairy products, poultry and meats they offer. Farmers markets provide other benefits as well-to shoppers and local economies, as well as to the environment. Locally grown produce requires less packaging than what is found in most supermarkets, and it takes less fossil fuel to transport, which reduces pollution and noise. More often than not, farmers markets offer organically grown or pesticide-free produce, which is better for the environment as well as better for everyone's health.

Farmers markets also stimulate local economies by providing a secure place for small-scale local producers to sell their products. When local farmers and producers prosper, they are better able to support other types of local businesses. These local farmers often help consumers better understand nutrition and the value of fresh food while offering information and inspiration on how to prepare meals with these fresh ingredients.

In the Rogue Valley, it is easy to get to a farmers market. In fact, there is now a farmers market right here in Central Point, and it has expanded! It is now held on the 2nd and 4th Saturday of the month, May through September, at Pfaff Park; that's the park behind the Post Office, 635 Manzanita Street. Hours are 10 a.m. to 2 p.m.

Also, The Rogue Valley Growers and Crafters Market meets on Tuesdays 8:30-1:30 at the Ashland National Guard Armory, Thursdays 8:30-1:30 at Hawthorne Park, and Saturdays 8:30-1:30 in downtown Ashland (on Oak Street) and at Hawthorne Park. The Jacksonville market meets on Sundays 9:00-1:00 at 206 N. 5th Street.

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POINT ON THE COMMUNITY **Events at the Expo**

July is always a big month at the **Jackson County Expo**, and this July is no exception.

On July 4th, as always, the county will be hosting the **Red White and** Boom. This annual event is Medford's old-fashioned 4th of July celebration and the LARGEST fireworks show in Southern Oregon held at the Jackson County Fairgrounds.



Admission is FREE to everyone. Hear from great local bands that keep the place rockin' all night and watch performances from local talent. Bring friends and family to celebrate Independence Day the way it should be celebrated, with the most spectacular fireworks show the Rogue Valley will see. This will be an event you don't want to miss!

Next up is the Jackson County Fair on July 12-16. At the Jackson County Summer Fair, you'll find more than just rides and great things to eat. There is more to touch, smell, taste, hear...in fact, there are so many great things to do, it's fun-believable.

Fair Admission for EVERYONE.

SAVE EVEN MORE on Carnival Ride Wristbands by pur-

chasing them in advance, at Sherm's Thunderbird & Food 4 Less. \$30 Advance (\$35 at the Gate).

The County Crossings Music Festival will take place at the Expo on July 27–30. World class country entertainment comes to the Jackson County Expo. Country Crossings will become a community all its own over four days this summer.

The Main Stage area will feature world-class performers, lights and sounds in an unbelievable setting. Close by is the great smell of a country breakfast as they fire up the Seven Feathers Sunrise Stage—the Expo Amphitheater. Thirteen up-and-coming artists will perform there in a more intimate setting. A beautiful area, it features places to sit and enjoy the music on grass or in seating. The Expo grounds will be filled with family activities, arts and crafts, a wide variety of concessions, plus numerous other sites and activities.

For more information go to: http://www.attheexpo.com/



FREE Parking EVERY DAY. FREE Concert Lawn Seats. FREE Sunday



HIDDEN GROVE & GREEN VALLEY

Community and Neighborhood Bulletin Board

July Calendar of Events

07/04 – Independence Day (Office Closed)

The annual Red, White and BOOM, held at the Jackson County Fairgrounds, is Medford's old-fashioned 4th of July celebration and the LARGEST fireworks show in Southern Oregon.

- 07/07 Spider-Man: Homecoming in theaters
- 07/12-07/19 Jackson County Fair

07/20 - STREET SWEEPING

- 07/27-07/30 Country Crossings Music Festival
- 07/31 Pool closing at 8:00PM daily





Reminder, street sweeping is July 20th. Please make sure your car is off the street so that the sweepers can do their job.



Stay Safe in the Sun SLIP! SLOP! SLAP! WRAP! To help us remember some of the basic sun safety tips, the American Cancer Society has adopted this simple message created in Australia: Slip! Slop! Slap! Wrap!

Sign Up For E-Statements!

Do you check your email every day or two? If so, you are the perfect candidate for E-statements. E-statements are faster than the Post Office, environmentally friendly, minimize paper work and reduce community costs.

> Email us at: hggv.office@gmail To sign up for E-Statements.

HAPPY INDEPENDENCE DAY! "Freedom lies in being bold."

--Robert Frost