# HE CENTRAL POINT

#### **COMMUNITY IN FOCUS**

#### Hidden Grove/Green Valley Board **Elects a New Board President**

At the December, 2011 board meeting, the Board of Directors elected Regina Nelson as the Board President. After living in Talent for a year and a half, Regina and her husband moved into Hidden Grove/Green Valley at the end of 2010. She and her husband wanted to move to this side of the valley to be closer to Regina's work. After searching various neighborhoods, they decided on Hidden Grove/Green Valley because of the amenities, specifically the tennis courts. Regina's husband is an avid tennis player. Regina attended the 2011 annual meeting and decided that she wanted to be more involved with the Board. She applied for a board position and was soon appointed Treasurer.

Regina was born in Brazil and lived in Rio de Janeiro all her life before moving to the United States at the end of 2006. She is fluent in 3 languages, her native language, which is Portuguese, as well as

Spanish and English. She has two grown sons who still live in Brazil. She loves it when they come to visit so that she can show them all the wonderful things about Southern Oregon.

She is excited to take on the position of President of the Board. In doing so she can continue working on her goal of keeping this subdivision a nice and safe place to live. As a volunteer board member, she is committed to the By-Laws and the CC&R's of our neighborhood. She loves input from any of the residents. Anyone can email her at

hggvhoa@clearwire.net.

#### Rogue Disposal & Recycling Red Lids are Now Greener

Taking one more step toward the goal of being "the greenest company in Southern Oregon," Rogue Disposal & Recycling has made curbside recycling significantly more effective.

Several key recyclables including glass bottles and plastic containers and tubs (such as yogurt, butter and sour cream containers) can now be placed in the commingled recycling "red lid" carts. In addition to the newly approved items for the red lid, motor oil will now be accepted on every regularly scheduled recycling day. Simply place used motor oil in one gallon plastic containers on the curb next to your commingled recycling red lid container for pick up.

"We want more people to recycle more items and keep glass and plastics out of the landfill." says Garry Penning, Rogue Disposal & Recycling's Director of Government Affairs and Marketing. "We are trying very hard to maintain the quality of life we enjoy in Southern Oregon. With these advancements to our commingled program, we can not only increase the overall percentage of recycling, but we'll also reduce the number of trips our trucks make which lowers our carbon emissions. All of that comes together to significantly decrease our community's carbon footprint."

### POINT ON ASSOCIATION BUSINESS

#### **Homeowners Associations Provide** Value to Their Residents

These days, Boards of Directors of homeowners associations across America provide a service to over 60 million people living in over 300,000 different planned communities. Just like the Hidden Grove/Green Valley Board of Directors, most of these boards are comprised of volunteers. These residents chose to volunteer for their neighborhood association in order to preserve the quality of life the residents have come to expect as well as to protect property values. Often this work takes up as much time as a second full-time

The dues paid by each resident and/or homeowner also provide the funds required by the Board of Directors and the manager to maintain all the public grounds and amenities that the association has to offer. A portion of these fees also go into a reserve account which is maintained in case of an emergency. The roads throughout the Hidden Grove/Green Valley as well as all the water mains are the sole responsibility of the association. If repairs were ever needed, the association would be required to pay for any and all repairs.

The Board of Directors also understands the delicate balance between individual property rights and the needs of the community as a whole. Planned communities like Hidden Grove/Green Valley have covenants and regulations (or CC&R's) which apply to each resident in the community. These CC&R's regulate items such as exterior paint color, landscaping, home maintenance, nuisances, vehicle parking, fencing, & pets. The Board and association manager work to make sure that each resident is aware of the CC&R's in order to preserve the character of our neighborhood and meet the expectations of all the residents.

#### **Opening on Board of Directors**

There is an open position on the HG/GV Board of Directors, please contact the office if interested.

#### Help Wanted at HG/GV

The HG/GV HOA is currently seeking an individual to read meters and assist with the pool in the summer. If interested, please stop by the office for more information.

#### **Association Information:**

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Newsletter comments. Submissions by 20th of the month to: hg.gv.newsletter@gmail.com

Find us on facebook

### POINT ON THE COMMUNITY

#### National Spring Cleaning Week, March 19th-25th

It's time! The blossoms are peeking out, and so are the dust bunnies and cobwebs. In fact, our friends in the England have dedicated March 19th-25th as National Spring Cleaning Week, encouraging everyone to clear out their old clutter and freshen up their homes. Spring offers a great time to open up the windows and clear out all the dust and bacteria that have been accumulating in our homes over the winter.

Spring cleaning doesn't have to be any bigger than we can handle. Some helpful ideas include:

- Clean one room at a time, one room a day or one a week based on your physical needs.
- Use as many natural products as possible. Vinegar, baking soda and lemon can work wonders.
- Remember gravity is your friend and clean from the top down.
- Open a window in the room being cleaned for ventilation.
- Pile clutter in the middle of a room and give family members one day to take what is theirs to put away. Whatever is left is trash, no exceptions.

When all the work is done, top it off with a well deserved bubble bath, complete with champagne, candlelight and soft music.

## POINT ON THE ROGUE VALLEY

**Eighth Annual Oregon Cheese Festival Dishes up Delicious Events** 

CENTRAL POINT, OR – The Rogue Creamery will host the 8th Annual Oregon Cheese Festival on Saturday March 17th from 10:00 am – 5:00 pm. at the Rogue Creamery, 311 North Front St. This year, events include a farmer's market style artisan food and wine festival where visitors can sample cheese from creameries all over Oregon. Games, activity sheets and giveaways will also be provided for children.

"The farmer's market format will present an interactive experience between makers and visitors, giving everyone an opportunity to talk about the product, the process and learn each individual cheesemaker's story," says David Gremmels, co-owner of the Rogue Creamery. "It's a way to truly be connected with the source of the cheese being presented."

Other local culinary and beverage artisans who are expected to participate include Lillie Belle Farms, Oregon Crepes, Gary West Meats, Rising Sun Farms, Butte Creek Mill, and several Rogue and Applegate Valley wineries and breweries. Samples and/or sales will be offered at each booth.

Special guest this year will be Margo True, Food Editor of Sunset Magazine. She will be on hand to sign copies of her book, "The One Block Feast" and discuss the benefits of home grown food. Margo has a vast knowledge of gourmet food from her many years of

experience as editor with Savuer and Gourmet. She will conduct a class on cheesemaking and will also offer cheese and wine pairing techniques.

A \$15 entry fee includes tastings and demonstrations. A \$5 wine tasting fee includes a commemorative wine glass. For more information contact the Rogue Creamery at 665-1155, or visit their website:

www.roguecreamery.com

### POINT ON GOOD HEALTH

March is National Nutrition Month. The Academy of Nutrition and Dietetics encourages everyone to "Get Your Plate in Shape." The 2010 Dietary Guidelines for Americans encourage an increased focus on fruits and vegetables and an understanding of proper portion sizes. The Academy encourages Americans to return to the basics of healthy eating by eating the recommended amounts of fruits, vegetables, grains, protein foods and dairy each day.

As part of this public education campaign, the Academy's National Nutrition Month website (www.eatright.org/nnm) includes helpful tips, fun games, promotional tools and nutrition education resources, all designed to spread the message of good nutrition around the "Get Your Plate in Shape" theme.



#### MARCH CALENDAR OF EVENTS

03/02 – The Lorax opens in Theaters

03/07 - Street Sweeping (please make sure your cars are not parked on the street)

03/11 - Daylight Savings Spring Forward

03/17 - St. Patrick's Day

03/19 - Board of Directors Meeting

03/20 - First Day of Spring

03/22-03/30 — Central Point Schools closed for Spring Break

03/24 – Daffodil Daze, Shady Cove

03/31 – Spring Home Show at the Jackson County Expo



Contact: Association Manager, Carrie Andries Phone: 541-664-3996