

"Our mission is to provide for the safety of our residents, maintain the common property and protect our home values."

## Point on Association and Business

#### **COVID-19** Update

Jackson County moved into the "high risk" category for COVID-19 on Friday, February 26<sup>th</sup>. According to the state guidance, **HGGV** offices are again open to the public. We are excited to be available to answer questions and visit with residents in person! Everyone is still welcome to contact us by phone or text at 541-664-3996. We can also be reached by email at hggv.office@gmail.com. Payments can now be made in person, online through your bank, sent through the mail, or dropped in one of the drop boxes next to the mailboxes or on the patio by the office window. Unless you are dropping a check off personally, please make it clear what address corresponds with your payment. The HGGV office hours are 9:00am to 2:00pm Monday - Friday. Friendly reminder that because we only have one staff member, sometimes the office must close for appointments or errands.

According to the guidance from the state, the HGGV Board of Directors may hold public meetings in the clubhouse. The board will observe the requirement to not exceed maximum occupancy. They will also request that residents maintain six feet social distancing and wear facemasks.

Unfortunately, due to the restrictions in the state guidance, the clubhouse is still closed to parties. The HOA will let everyone know when residents can again host parties in the clubhouse.

All parks are open. Please follow the state guidance regarding outdoor spaces.



#### Safety in Our Community Keeping belongings safe

Although Hidden Grove/Green Valley remains one of the safest neighborhoods in Central Point, the fact is that thieves are often on our streets looking for things to steal. We were notified that a resident had their car stolen in February. Although there was nothing this resident could have done to keep thieves from stealing their locked car which was parked in

front of their home next to their lit post light, we think this is a good time to outline ways to protect your car and your valuables.

#### Protecting Your Car and What's Inside - How to Give a Thief a Hard Time

The National Automobile Theft Bureau (NATB) recommends the following precautions:

- Keys should be carefully guarded.
- Cars should be parked in a well-lighted area with all windows closed and doors locked.
- Remove packages or valuables: expensive items in full view invite theft.
- Residents with a garage should use it and lock both the vehicle and the garage.
- Any theft deterrent devices should be activated.
- Licenses or other identifying papers that a thief could misuse should never be left in the car. Keep these items in your wallet or purse.

## Keeping Your Home and Valuables Safe from Burglary

- Lock all your doors no matter how briefly you will be away from home.
- Make sure your post light along the sidewalk comes on at night and keep your front porch light on all night, even when you are out of town. Not only does it signal that someone is home, it also makes it harder for vandals to hide among the shadows.
- Unless you are working or playing in the front yard, always keep your garage door closed. Ask a trusted neighbor to call you if they see that your garage door has been left open accidentally.
- Experts agree that hiding a key somewhere outside your home is a bad idea. Burglars, or anyone who may have seen you hide the key, will know where to find it. Instead, give a key to a neighbor.
- "John, I've gone to pick up your sister. I'll be home at 3:30. -Mom" This note also means, "Burglar, this house will be



unoccupied for 45 minutes. Help yourself."

- If you are going to be out of the house for a short time, leave a television or radio on to create a sense of activity and presence.
- Picking up litter and keeping trees, bushes and lawns trimmed not only makes the neighborhood look better, it also sends the message that our residents are diligent about keeping the neighborhood a respectable place to live.

It does not take much to discourage burglars. They succeed on opportunity, and if your home does not offer a good opportunity, they will move on to one that does.

#### For the People, By the Homeowners

Homeowners associations like ours have a lot in common with municipal governments. As members of a governing body, our board members meet regularly to discuss and vote on important community issues, like paying the association's bills, funding our reserves, and contracting with vendors to keep our community amenities in good repair. The board makes decisions about these and other important topics using a democratic process.

Also like a government, our association board has the legal authority to enforce rules and regulations and to collect assessments, like a government collects taxes, to pay to maintain shared amenities like the clubhouse, pool, parking lot, and landscaping for the common property.

Our association also has the authority to take legal action, if necessary, if a Lot owner fails to meet his or her obligations that we all agreed to when we purchased in this community. These obligations include paying regular assessments on time, abiding by architectural or design policies, and observing community rules.

Next meeting of the Board of Directors will be March  $17^{th}$  at 6:00pm in the clubhouse .

#### **Governing Documents Corner - Unattended Toys**

With the weather getting warmer, and with children playing outside more, we wanted to take this opportunity to remind everyone that our CC&Rs state that: streets, sidewalks, driveways, carports, porches, and decks will be kept clean and free from unattended toys at all times. This includes bicycles and scooters. We understand that children leave their toys out every now and then, however we would like to remind all residents to keep these items put away in the garage or storage shed or behind the fence.



# **COMMUNITY AND NEIGHBORHOOD HAPPENINGS**

## **POINT ON THE ROGUE VALLEY**

Rogue Valley Grower's Market 2021 Season Begins in March Farmers Markets - Buy Local, Support Local and Improve Your Health and Happiness

Our community is fortunate to have several Farmers Markets. In fact, that Rogue Valley Growers & Crafters Market has been named one of the 10 best farmers' markets in the U.S! If you haven't shopped at one before, consider the many advantages of patronizing our local farmer's markets.

Farmers markets have gained popularity in the last few years as more consumers have come to enjoy the fresh, locally grown produce, baked goods, eggs, dairy products, poultry, and meats they offer. Farmers markets provide other benefits as well—to shoppers and local economies, as well as to the environment. Locally grown produce requires less packaging than what is found in most supermarkets, and it takes less fossil fuel to transport, which reduces pollution and noise. Often, farmers markets offer organically grown or pesticide-free produce, which is better for the environment as well as better for everyone's health.

Farmers markets also stimulate local economies by providing a secure place for small-scale local producers to sell their products. When local farmers and producers prosper, they are better able to support other types of local businesses. These local farmers often help consumers better understand nutrition and the value of fresh food while offering information and inspiration on how to prepare meals with these fresh ingredients.



Tuesdays: 8:30-1:30 in Ashland at the Ashland Armory (March to November).

Thursdays: 8:30-1:30 in Medford at Hawthorne Park (March to November).

Saturdays: 8:30am-1:00pm in Ashland on Oak Street downtown (May to October).

Items that will be available during the early days of the Grower's market include the finest in locally grown produce, vegetable starts, flowers and perennials, along with specialty foods, cheese, meats, baked goods, pasta, coffee, tea, beer, wine and hand-made arts and crafts.

Everything produced at the market is as local as it can be. The Market is limited to growers, producers and crafters within Jackson, Josephine, and Siskiyou counties. Not all products found at the market are organic. It is up to individual vendors how they wish to grow/produce/source their products. Be sure to ask individual vendors what their production methods are, and why they have chosen them. Our community is fortunate to have the Rogue Valley Grower's Market. If you haven't shopped there before, consider the many advantages of patronizing our local merchants.

Hidden Grove/Green Valley Homeowners Association 4901 Hamrick Road, Central Point, OR 97502 541-664-3996 • hggv.office@gmail.com



## **POINT ON GOOD HEALTH** Keeping Burnout at Bay

Burnout is more than just stress—it is how your mind and body tell you change is needed. Do you find yourself withdrawing from work, caring less about results and just going through the motions? This year more than any other, many of us have been feeling burnt out.

## Try a few tips for keeping burnout at bay.

**Exercise at least three times a week.** Walking, running, weightlifting, bike riding—exercise releases endorphins that boost your mood and it dissipate built-up stress.

**Make time for a hobby.** An art project, cooking, reading, sewing—anything that's not part of the regular grind helps you relax and balance the things that wear you down.

**Practice breathing exercises.** "Just breathe!" Yes, it is an old cliché, but deep breathing gives your body a boost of oxygen and releases tension.

**Get away.** Leave the office at the office. Take a walk at lunch, and don't take work home. If you work from home, try keep your workspace separate from your living space. At home, find a time and place where you can relax and unwind even if it is only for 15 minutes.

**Laugh.** Sometimes it helps to look at a situation and just laugh. If that fails, read the jokes that fill your e-mail or pick a comedy next time you think about what to watch on TV.

Take up yoga or tai chi. These disciplines have a restorative effect and are sure burnout busters.

Burnout can creep up on you slowly, especially when we are all dealing with COVID-19 restrictions, and as we in the Rogue Valley watch the rain fall for days on end. Watch for the warning signs and stay ahead of it. Your heart, family and employer will thank you.

## **POINT ON THE COMMUNITY**

## Do you Have Anything to Share in the Newsletter?

Putting together the HGGV newsletter, The Central Point, is quite challenging considering there is so much more to include than we do. Many residents have interesting news to share about upcoming events, personal milestones, issues of community interest, etc., but we never hear from you.

Between our manager and the board of directors, we try to include items in our newsletter that not only inform owners and residents of important business matters before the Association, but we also attempt to help educate our members on some of the ongoing challenges that our Association faces. Issues such as the budgeting process and CC&Rs enforcement are included throughout the year to help readers understand some of the complexities of running our Association.

These educational articles are important, but don't forget that our newsletter is one of the best communication tools available in our community. To help our newsletter become more *community-specific* we need to hear from YOU. If you would like to contribute, please do not hesitate to contact our manager or email ideas to <u>hggv.office@gmail.com</u>.





## HIDDEN GROVE & GREEN VALLEY COMMUNITY AND NEIGHBORHOOD BULLETIN BOARD

## March Calendar of Events

- 03/02 Opening Day Rogue Valley Growers Market
- 03/14 Daylight Savings Time Begins
- 03/17 St. Patrick's Day
- 03/17 Board Meeting 6:00pm in the Clubhouse
- 03/20 First Day of SPRING
- 03/27 Passover Begins
- 03/28 Palm Sunday
- 03/28 Full Moon



Sometimes, it is much easier to text rather than call. The HOA has set up this procedure to make things easier for residents and Lot owners, however, please note, this does not mean that the Association Manager or Board of Directors are available 24/7. Please text the HOA at 541-664-3996. Text messages will be dealt with as necessary. As always, please contact 911 with any true emergencies.



weather vegetables such as carrots, beets, radishes, broccoli, cauliflower, mustard, peas, and potatoes.

#### **Trees and Shrubs**

Continue pruning nonflowering trees and shrubs. You can also prune summer and fall flowering trees and shrubs such as butterfly bush. Hold off on pruning birch, maple, and other "bleeding" trees until after the leaves develop. Plant bare-root and container-grown trees and shrubs. Begin fertilizing trees and shrubs once growth starts. Prune and fertilize roses.

#### **Perennials and Bulbs**

Cut back overgrown or leggy perennials. Cut or mow ornamental grasses, being careful not to cut the short new growth. Plant, divide, and transplant perennials and ornamental grasses as soon as the soil is workable. Weed bulb beds, being careful not to disturb the bulbs. Fertilize bulbs after blooming, with a bulb-boosting fertilizer or compost.

#### **Annuals and Containers**

In cool spring weather, you can enjoy pansies, snapdragons, dianthus, and violas. Be sure to deadhead your plants to promote more blooms.

### **Cleanup and Maintenance**

Repair fences, trellises, arbors, and garden furniture. Install drip irrigation and sprinklers, to prepare for summer watering. Observe your lawn and garden during the spring rains and address any drainage problems.

## "In the spring, I have counted 136 different kinds of weather inside of 24 hours." — Mark Twain

To Do in MarchContinue p(from Todayshomeowner.com)such as but

As you plan your early spring chores, look at your garden soil. When a shovelful of soil crumbles in your hands, the soil is considered "workable." If it is still frozen, or soggy enough that a handful mushes into a ball, you should wait before plowing or digging.

**Vard and Lawn Care Corner** 

Also, our last frost date is usually around April 27. It is best to wait until this date has passed before planting summer bulbs and annuals.

## Lawns

Apply pre-emergent herbicide or corn gluten to prevent crabgrass and other annual weeds. Spring is a good time to add soil to low areas and to patch bare spots in coolseason lawns. Heavy seed planting is most successful in the fall. Avoid walking on spongy, wet soil.

## Fruits, Vegetables, and Herbs

Plow and work your garden as soon as the soil is dry and crumbly. Work in a nice layer of compost or other organic matter. Plant and enjoy cool-season leafy vegetables such as lettuce, spinach, and other greens. Plant bare-root perennial vegetables and fruits, such as asparagus, rhubarb, grapes, and berries. Begin planting cool-