Hidden Grove & Green Valley September 2014

The Central Point

COMMUNITY IN FOCUS

New Pool Hours

School is back in session, and fall is on the way. On September 2nd, the new pool hours will be 10:00am–7:00pm every day of the week.

The local weather channels are predicting a warm September. At this point they forecast that, until September 20th, most days the temperature will be in the 80's and 90's. We will do our best to keep the pool open as long as possible. Once it feels like fall is here to stay, we will be closing the pool for the season.

House painting update

Since painting notices went out to residents at the beginning of the summer, many residents have been busy getting their houses painted this summer. The board understands that the deadline of December 31st may pose a time crunch for residents who received a painting notice. If you find that you are unable to get your home painted by the deadline, please contact the office so that arrangements can be made for an extension. It is not the intention of the board to fine residents, rather, like most residents, the board wants our neighborhood looking kept up and well maintained.

If you are changing your house color, please make sure you get approval from the board or association manager.

CC&R's Corner
Speed Limit

Did you know that our CC&R's address a speed limit for vehicles driving on our association streets? Specifically, the CC&R's state: Speed within the Subdivision is TEN (10) MPH. Speed violators will be reported to the Homeowners Association and may thereafter, be fined by the Homeowners Association.

Enforcement of this speed limit is difficult for the association board and manager because we do not have access to DMV records, and we don't know all vehicles owned by our residents and/or their guests.

If it is presented to the board or manager that a specific resident or one of their guests has been speeding through our streets, we will not hesitate to give a warning. If the problem persists, fines may be imposed.

It is important that all residents and their guests follow the posted speed limit signs as many of our residents run, walk and jog on our streets. Many children play in front of their homes, on sidewalks or in the streets riding bikes, etc.

POINT ON ASSOCIATION BUSINESS

Homeowner Rights and Responsibilities

As assessment-paying members of our community, we are entitled to certain rights and—in return—we have certain responsibilities.

Homeowners have the *right* to:

1. Participate in governing the community association by attending meetings, serving on committees and standing for election.
2. Access appropriate association books and records.
3. Expect prudent expenditure of fees and other assessments.
4. Live in a community where the property is maintained according to established standards.
5. Receive fair treatment regarding financial and other association obligations, including the opportunity to discuss payment plans and options with the association before further action is taken.
6. Receive all documents that address rules and regulations governing the community association—if not prior to purchase and settlement by a real estate agent or escrow officer, then upon joining the community.
7. Appeal to appropriate community leaders those decisions affecting non-routine financial responsibilities or property rights.
8. Expect a responsive and competent community.

In turn, homeowners have the responsibility to:

1. Read and comply with the governing documents of the community.
2. Maintain their properties according to established standards.
3. Treat association leaders honestly and with respect.
4. Vote in community elections and on other issues.
5. Pay association assessments and charges on time.
6. Contact association leaders or managers, if necessary, to discuss financial obligations and alternate payment arrangements.
7. Request reconsideration of material decisions that personally affect them.
8. Provide current contact information to association leaders or managers to help ensure they receive information from the community.
9. Ensure that those who reside on their property—tenants, guests or family members—adhere to all rules and regulations.

Next Board Meeting: The board scheduled the October meeting for **WEDNESDAY October 15th at 6:00pm** in the clubhouse. The Board would love to have residents attend and participate in making our community a place all of us can be proud of.

Back To School Time! Watch for the Bus and Kids!

Back To School

Before the Bell Rings: Back to School Safety

As boys and girls throughout the community sharpen their pencils and get ready to head back to class, it's important to ensure they have a safe school year. Here are some tips on how your family can be proactive and avoid potentially harmful situations:

Make sure your school has your child's updated emergency contact information. Write down any specific instructions that should be followed in case of an emergency, and have the school keep them in your child's file.

Talk to your child's teachers and alert them to any medical issues your child has. Also, explain to the teacher what he or she should do if the medical issues arise—such as an allergic reaction, asthma attack or seizure—and provide school personnel with emergency medication such as EpiPens® (Epinephrine Auto-Injectors) and inhalers.

Help your children memorize important phone numbers so that they know how to get in touch with you and other trusted adults. Also, make sure those numbers are programmed into their cell phones, or provide them with a list of phone numbers that they can keep in their backpacks or wallets at all times.

Let your children know exactly who they can go home with after school if their regular ride can't pick them up, and make sure they know not to accept rides from people who aren't on the list.

If your children will be walking to bus stop, walk the route with them several times before classes start to make sure they understand traffic laws and can walk the route on their own. Also, find a friend or sibling they can walk with, and make sure they always use the buddy system.

Show your children which houses in the neighborhood they can go to in case no one is at home after school.

Advice for Working Parents

With a new school year underway, many parents and caregivers fret about children who spend time on their own before or after school. According to some estimates, more than three million kids under 12 are home alone at least part of the day. That's inevitable given the number of single-parent households and families in which both parents work.

We all want our kids to be safe and secure, so we did a little research. Here are some basic tips to help make sure your kids know how to handle being home alone.

Have your kids check in with you or a responsible adult as soon as they come home. They can call your office phone or your cell phone. If you are unavailable, they should leave a message.

Set up guidelines for answering the telephone. Let calls go to voicemail, if available, unless caller ID indicates that a family member or friend is calling.

Establish clear rules for keeping doors locked and answering the door. In most cases, children should not open the door unless it's a family member or a well-known and trusted neighbor or friend.

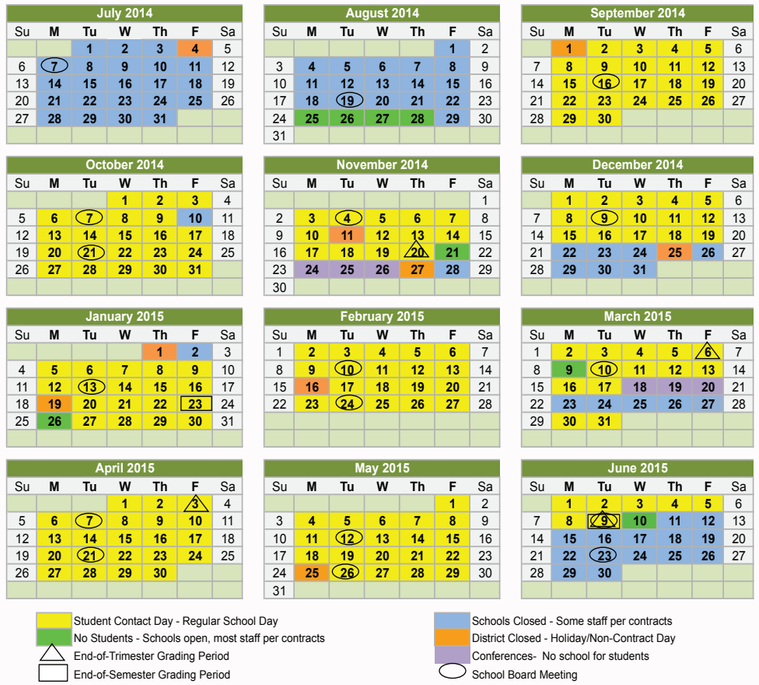
If Internet access is allowed, establish standards and clear restrictions, such as setting up parental guidelines for websites and chats. Also remind children that talking to strangers is just as bad an idea online as it is in public.

Make sure your child knows how and when to call 911— an important reminder for all of us. If you see anything suspicious or threatening in our community, call the police immediately.

Finally, don't worry that your children will suffer emotional or psychological damage by fending for themselves a few hours a week. According to one news story, a report cited by the American Psychological Association found that the success of children who spend time at home alone depends more on what kids are doing with their time after school, rather than the fact that you're not with them 24-7.

Central Point School District #6

2014-2015 School Calendar



July 4	Independence Day - District Closed
Aug 25-28	Inservice / Prof Dvlp - No Students
Sep 1	Labor Day - District Closed
Sep 2	First Day of Instruction
Oct 10	State Inservice - Schools Closed
Oct 31	End of First Quarter
Nov 11	Veterans' Day - District Closed
Nov 20	End of First Trimester
Nov 21	Inservice / Prof Dvlp - No Students
Nov 24-26	Fall Conferences
Nov 27	Thanksgiving Day - District Closed
Nov 28	No School
Dec 22 - Jan 2	Winter Break - School Closed
Dec 25	Christmas Day - District Closed
Jan 1	New Year's Day - District Closed
Jan 19	Martin Luther King Jr. Day - District Closed
Jan 23	End of First Semester
Jan 26	Inservice / Prof Dvlp - No Students
Feb 16	Presidents' Day - District Closed
Mar 6	End of Second Trimester
Mar 9	Inservice / Prof Dvlp - No Students
March 18-20	Spring Conferences
Mar 23–27	Spring Break - Schools Closed
April 3	End of Third Quarter
May 25	Memorial Day - District Closed
June 3	Crater Graduation Ceremonies
June 9	End of Third Trimester/Second Semster - Last Day of School
June 10	End-of-Year Planning/Pack-up Day - No Students

In the event of weather or incident related school closures, spring conference days will be used as contingency days.

2014-2015 School Year Calendar - Adopted: June 10, 2014
Revised
Revised

Calendar template by Vertex42.com

Start School with a Smile
By Dr. Charles Fay

At schools across America, teachers see two types of first–year students: one quickly adjusts to school and begins to enjoy it, the other cries each day at the door. By applying some easy–to–follow Love and Logic® guidelines, parents can help their youngsters belong to very lucky group– students who start school with fun instead of fear.

Arrange a tour of your child's school before the year starts.

It's not unusual for young children to imagine the worst when they don't have enough information. Big fears about where they are going to sit, where they will eat, whether their teacher will be "nice," and what they will do if they need to use the restroom become much smaller when parents take this step.

Teach confidence by showing it.

When parents spend too much time trying to calm their children's fears, their children begin to think, "Wow. If my parents are this concerned about me, and they have to talk this much about going to school, maybe there really is something to be worried about!"

More effective parents give lots of hugs, listen, and say, "I love you." Doing this, they send a very strong message of confidence. Simply put, confident parents tend to have confident kids… worried parents tend to have worried kids.

If you drive your child to school, leave quickly.

Smart parents give quick hugs, let their kids know they're in a hurry, and leave without looking back. Why? Because the underlying message they send to their children is, "You can handle this. You're strong!" It's amazing how children either live up to – or down to – our expectations.

Avoid backing down from tantrums and tears.

Don't teach your child to be fearful by backing down to crying and allowing him or her to stay home! Regardless of how heart wrenching their cries become, Love and Logic parents send their kids to school. Why? Because all experienced teachers say the same thing: "It's amazing how fast kids calm down after their parents are out–of–sight!"

Parents across the country are finding these Love and Logic techniques are easy–to–learn, teach kids to be responsible, and change lives! One parent commented, "My six–year–old son was so afraid of school he wouldn't even get out of the car when I tried to drop him off. We were desperate. The day we tried these tips, and had some help from the teacher getting him out of the car, was the last day we had these problems. We're a happy family again!"

Give Love and Logic a try, and see how it changes your life. You'll be amazed how simple it really is.

Sept. 2014

Hidden Grove & Green Valley

Community and Neighborhood

POINT ON THE COMMUNITY

Out in the Yard - Keeping Grass Green and Healthy

Now that fall is rolling around, it is a great time to think about keeping - or getting - our lawns as healthy and green as possible. Most experts agree that one of the most important things grass needs is food. Properly fertilized grass is healthier, and thereby better able to deal with our hot summers and cold winters. Healthy grass can better withstand draught, mowing and kids playing on it throughout the year. Fertilization is not something that should occur once a year. A four time per year feeding program should be followed and can work wonders for your grass.

Experts agree that fall is the single most important time to fertilize. With fall come the perfect conditions – cool evenings, additional rains and morning dew. Also, grass needs fertilization to help it recover from all the stress that summer provided. The Scotts/ Miracle-Gro website has a great program builder for yard and lawn maintenance. Please visit their website at: Annual Lawn Care Program Builder for more information or to develop your own plan.

POINT ON THE ROGUE VALLEY

Harvest Festival at the Jackson County Expo

Celebrate abundance and reap the rewards of harvest time on September 19-21 at the 25th Annual Harvest Festival at the Jackson County Expo. Admission is free for everyone.

For over two decades, The Expo has proudly hosted the Harvest Festival – a celebration of the beauty and bounty of Southern Oregon and Northern California. The Harvest Festival is a great opportunity for families to enjoy the fruits of summer labor and welcome the arrival of fall. Don't miss this year's Southern Oregon Brew Festival! With over 60 craft beers, and a fierce homebrew competition, this year's Brewfest is better than ever. Enter your own homebrew or just come drink with the professionals.

Think you have what it takes to be crowned the Rooster's Restaurant Pie Eating Champion? A hilarious event for kids and adults, anyone is welcome to participate Saturday, September 20 and Sunday, September 21 at 3 p.m. at the Children's Area located in front of the Compton Arena.

Sign up to compete in the annual Grape Stomp Championship sponsored by Del Rio Vineyards and Winery. Or, have a great time just cheering teams on as they stomp though gallons of grapes. There will also be a Red Chili, Chicken Wings, and BBQ Rib Cook-Off. Got an unbeatable recipe? Or maybe you just want to let others sweat over the stove while you step up to the counter and sample the savory results. The Cook-Off lets you choose. There will be $2,500 in cash prizes. Sign up now to compete, or make plans to get to the Olsrud Arena lawn area for the cook-off to tasting help pick the winner. Tastes are $1.00 each until it's gone! Put it on your calendar today.

Managing Pain: Are You Reading Your Medicine Labels?

POINT ON GOOD HEALTH

Acetaminophen is the most common drug ingredient in America. While it is safe and effective when used as directed, there is a limit to how much can be taken in one day: 4,000 mg for most adults. Taking more acetaminophen than directed can lead to liver damage.

According to the Acetaminophen Awareness Coalition, sometimes people may unintentionally exceed the 4,000 mg daily dose because they don't realize that several medicines they take -- such as pain medications and fever reducers, cough/cold and allergy medicines, and even some sleep aids -- may all contain acetaminophen.

So, when taking a medicine that may contain acetaminophen, always read and follow the medicine label and know if your medicines contain acetaminophen and never take two medicines that contain acetaminophen at the same time.

For more safe medicine use tips, visit www.knowyourdose.org.

September Calendar of Events

09/01 – Labor Day
09/02 – BACK TO SCHOOL
09/12-09/14 – 68th Annual Cranberry Festival, Bandon
09/12-09/14 – Southern Oregon Fall Home Show at the Jackson County Expo
09/19-09/21 – Harvest Festival at the Jackson County Expo
09/22 – First day of autumn
09/24 – Rosh Hashanah begins
09/26 – The Boxtrolls in theaters

Clubhouse Reservation Calendar

September 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

October 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

November 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23 30	24	25	26	27	28	29