

# THE CENTRAL POINT

## COMMUNITY IN FOCUS

### Halloween Tips To Trick or Treat...Safely

Halloween, a favorite holiday of most children, will be here before we know it. As the kids head out to show off their costumes and get bags full of candy, it is important to remember these safety tips.

#### All that Candy

Insist that your children postpone nibbling on any treats until they return home. To reduce their urge to munch, serve dinner before they head out to trick-or-treat. When your children return home, carefully inspect all treats. Discard any candy or other food items with a torn or missing wrapper. Homemade cookies, sweets, and fruit should only be kept if you know and trust the person who gave them to your child.

#### Dressing Up

To keep your child from tripping, make sure their costume fits properly. If your youngster insists on wearing a mask, be sure it allows ample room for breathing and seeing. Wigs and hats also can be a problem if not adequately secured. Avoid any costumes with

overly long sleeves, scarves, or long belts that could dangle and catch fire in a jack-o'-lantern's candle. Add bright or light touches to your child's costume so that they are more visible to others.

#### Door to Door and More

Every trick-or-treater should follow these rules: carry a flashlight, do not enter any homes without the permission of your parents, only visit those streets with which you are familiar, stay away from homes or doorways that are dark, keep to sidewalks and crosswalks and avoid cutting across lawns.

#### Kids on Their Own

If you allow your child to head out with friends without your supervision, the following rules should also apply: an agreed upon route should be followed, and he or she should return home at a time determined in advance. For safety's sake, make sure your youngster has a phone so that he or she can make an emergency phone call if necessary.

#### Alternatives to Trick or Treating

For many preschoolers or elementary school children, a viable alternative to door to door

trick-or-treating is a private Halloween party. Join with neighbors, family, church, or school groups to plan a gathering that includes a costume parade, games, and of course, lots of treats to take home.

#### CC&R Corner

Did you know that every home in Hidden Grove/Green Valley is required to have a working post light in the front yard? The electricity costs and maintenance for this light fixture are the responsibility of the lot owner, and a \$100 fine can be levied if a front yard light is inoperable. This is due to the fact that our neighborhood does not have any street lights, and those front post lights help keep our neighborhood safer and looking nicer at night.



## POINT ON ASSOCIATION BUSINESS

### About Community Living, Membership Means Organization

Our community association is a non-profit corporation registered with the State of Oregon. As such, it is managed by our Board of Directors whose purpose is to oversee the maintenance and operation of all common areas and facilities. The Board is also responsible for governing our community in accordance with the provisions of the CC&R's, Bylaws and Rules and Regulations.

#### What are the CC&R's?

Basically, the CC&R's – or Covenants, Conditions, and Restrictions – are the legal documents that determine the guidelines for the operation of our community. These guidelines are included in the title to each property and cannot be changed without proper action by the Board or by a vote of the community association members. All

homeowners must comply with the CC&R's. Failure to do so can result in fines.

#### What are Bylaws?

The Bylaws are the guidelines for the actual operation of our association. The Bylaws define the duties of the various offices of the Board, the terms of the Directors, the members' voting rights, required meetings, as well as other specific items that are necessary to run the association.

#### Are There Other Rules?

In addition to our CC&R's, we have the Rules and Regulations. Rules can also be adopted by the Board. These are meant to protect the living environment of our community, and involve guidelines regarding parking and vehicles, home maintenance, pets, pool use hours, etc. The purpose of these guidelines is to control and protect the visual integrity of the community.

#### Why Collect Assessments?

Maintaining and operating our common areas and facilities requires funds. These funds are collected in the form of assessments. In addition, these monies provide for a reserve fund to offset future capital expenses.

#### What If Assessments Aren't Paid?

Hopefully, that won't be a problem. However, late payments are subject to a late charge, and unfortunately, non-payment can lead to legal proceedings.

Although the Board is responsible to enforce the CC&R's and Rules, all our residents can make a difference - Thank you!



**POINT ON THE  
COMMUNITY**

**Stop That Barking**

Dogs left alone all day get bored and restless, and many find relief in barking. Nothing is as annoying as incessant barking—even for dog lovers. If your dog is a yapper or a yowler, please consider some of these bark-abatement ideas to keep the noise down. Your neighbors will thank you!

**Training**

Always the first recommendation for any behavioral problem. Training not only helps your dog, it can help you as well. You may get some insight into why your dog barks so much, or what it is trying to communicate.

**Citronella Collars**

Available online and in pet stores, citronella collars are a humane alternative to the electric-shock, anti-barking collar.

**Confinement**

Sometimes simply bringing an outspoken dog indoors or confining it to a crate can cut down on barking.

**Reduce Stimulus**

Close drapes to help muffle street noise or leave a radio on to mask it. Disconnect telephones and doorbells before leaving your home if they upset your dog or make it bark.

**Companionship**

Dogs are pack animals; they need companionship—a cat, bird, or another

dog. Consider visiting your pooch during your lunch hour, or drop them off at a friend's place once or twice a week.

**POINT ON THE  
ROGUE VALLEY**

**It's All About Jazz, Dancing  
and Fun At 25th Annual  
Medford Jazz Festival**

The 25<sup>th</sup> Annual Medford Jazz Festival swings into Southern Oregon Oct. 11-13 with 16 hot bands.

As the longest-running jazz festival in Southern Oregon and Northern California, the Medford Jazz Festival showcases a lineup of national and regional bands playing Dixieland, Zydeco, Swing, Jump-Jive, Rockabilly and Big Band.

Bios and videos of all bands are available on the Bands <http://www.medfordjazz.org/bands.html> section of the Medford Jazz Festival website.

Traditionally, the Medford Jazz Festival provides endless opportunities to dance, and this year is no exception. Each venue features a dance floor, and bands will play dance music during their dance venue sets. If dancing is your thing, join the crowd and boogie!

The Medford Jazz Festival is a 501c3 non-profit organization dedicated to cultivating, fostering, sponsoring, and developing the understanding, taste and love of traditional jazz and period contemporary music through youth programs and the annual jazz festival. The Festival Education Program will again reach over 15,000 local students during the week leading up to the festival as featured bands will perform for local schools. Since its inception,

the festival has donated more than \$170,000 to Medford School District 549C for youth music programs.

For tickets or information, visit thier [tickets page http://www.medfordjazz.org/bands.html](http://www.medfordjazz.org/bands.html) or call (541) 770-6972.

**POINT ON  
GOOD HEALTH**

**October is National  
Breast Cancer Awareness  
Month**

About 1 in 8 women born today in the United States will get breast cancer at some point during her life. After skin cancer, breast cancer is the most common kind of cancer in women.

The good news is that many women can survive breast cancer if it's found and treated early.

If you are age 40 to 49, talk with your doctor about when to start getting mammograms and how often to get them.

Women ages 50 to 74 need mammograms every 2 years. You may choose to start getting mammograms earlier or to get them more often.

Talk to a doctor about mammograms and your risk for breast cancer, especially if a close family member has had breast or ovarian cancer.



**OCTOBER CALENDAR OF EVENTS**

- 10/04 – Gravity in Theaters
- 10/11 – 10/12 – Bridal Show at the Expo
- 10/11 – 10/13 – Medford Jazz Festival
- 10/14 – Columbus Day (Clubhouse Office Closed)
- 10/18 – Full Moon (Hunter's Moon)
- 10/19 – Southern Oregon's Got Talent a Benefit for CASA at the Craterian Theater
- 10/21 – Board Meeting 7:00pm in the Clubhouse
- 10/25 – 10/26 – Plastic Round Up at the Expo
- 10/31 – Halloween

**Warm-Up Cold Mornings  
With Slow Cooker Apple Cinnamon Oatmeal**

Cook overnight & wake up to delicious smells & a tasty breakfast!

Serves: 7

Ingredients:

- 2 apples, cored, cut into 1/2-inch pieces
- 1-1/2 T butter, cut into 5-6 pieces
- 1-1/2 c milk 1-1/2 c water 1 c uncooked steel-cut oats 2 T brown sugar
- 1/2 t cinnamon 1/4 t salt

Garnishes: chopped nuts, raisins, maple syrup, additional milk or butter

Coat inside of slow cooker with cooking spray. Add all ingredients (except optional toppings) to slow cooker. Stir, cover, and cook on low for approx. 7 hours Spoon oatmeal into bowls; add optional toppings, if desired. Store leftovers in refrigerator. Freezes well.

