

# THE CENTRAL POINT

## COMMUNITY IN FOCUS

### Leaf Pick Up – They Do That!

This year, Rogue disposal will be picking up bagged leaves on Monday, November 16 and on Friday December 11.

To participate, scoop leaves, and only leaves, into heavy-duty plastic bags (33-gallon yard bags work best), tie the bags shut and carry them to your curb in the public right of way. There is no limit to the number of bags you can set out, however crews will not pick up bags containing tree branches, lawn clippings or other debris. Filled bags should not weigh more than 40 pounds each. Be sure to seal the top of your bags to prevent rain water from getting in and making the bag even heavier.

Since leaf collection is not associated with trash collection, it will not coincide with

our regular trash pick-up. The first day for leaf pick up will be Monday November 16, and the second day will be on Friday, December 11. Please make sure that your bagged leaves are out either the evening before, or no later than 6:30 a.m. morning of pick up.

### HG/GV Pool Season a Success

A combination of great weather and contractors along with residents willing to step up and protect our pool has spelled success for this year's HG/GV pool season.

Usually the Association needs to close the pool for several days in order to clear up a chemical imbalance or an algae bloom. In past years, we have had to close the pool for up to two weeks at a time. This year we only had to close the pool for 1 day during the regular season, and that was due to

vandalism.

This season, we were able to have pool open for a total of 141 days, which is more than a 35% increase from the average of the last 8 years. Also, our costs to operate the pool were down. This means that the cost per day to operate our pool went down by 33%. That is great news for our Association and all our residents who love to use this prized amenity.

### CC&R Corner – Sprinklers

Did you know that the CC&R's require that residents turn off and drain their sprinklers from November 1 through April 30? **Please make sure that your sprinklers are turned off.** This will help you save money as well as keep the sidewalks dry and free from ice as the weather turns colder.

## POINT ON ASSOCIATION BUSINESS

### Board of Directors Meets to Discuss Business

The Board met on October 21 for their 4<sup>th</sup> quarterly meeting.

Our previous Board Secretary resigned due to getting a new job. Although the Board is sad to see Cheryl go they wish her the best in her new endeavors. At the beginning of the meeting, the Lot Owners in attendance voted to elect Mike House to the position of Secretary. Welcome Mike! The Board is eager to work with Mike and excited to see what his experience on Boards and committees including Boys & Girls Clubs of the Rogue Valley; Rogue Valley Archery; Upper Rogue Jaycees; the Rogue Wonderland Association as well as his positions on the Shady Cove city council and planning commission will bring to our Association.

Because there was no quorum at the July Board meeting, the Board had a full agenda of business to discuss.

Residents in attendance brought to the

attention of the Board their concerns about speeding and parking on the Association streets. The Board discussed possible solutions to the speeding problem and parking problems, however because the Board was not fully represented, the topic, in addition to several others, were tabled until the January meeting when there would be a full Board in attendance. Any residents who have possible solutions to the above problems are encouraged to attend the January meeting as the Board would love to hear any input.

The Board also then moved to have more meetings per year. Beginning in January, 2016, the Board of Directors will meet at 6:00pm on the third Wednesday of January, March, May, July, September and November.

The Board moved to increase non-compliance fines for residents who are out of compliance on the same issue several times within a specified period. These residents will also lose access to the Homeowners Association amenities

including the pool and clubhouse.

The Board discussed items that they might like to include on the 2016 Budget. These items included a bottle fill station/drinking fountain on the clubhouse patio and keyless entry locks for the Hidden Grove park/playground, tennis courts, RV storage area and the storage unit area.

### Next Board Meeting

The Board of Directors will meet for their annual meeting and their 1st quarterly meeting on Wednesday, January 20 at 6:00pm in the clubhouse.

Due to a resignation, the Vice President position is open, and according to our Bylaws, the term for the Board Member at Large will be expiring at the end of 2015, and an election will be held at the next meeting to fill the positions. If you are interested in either of these positions, please submit a letter to the clubhouse office **by January 13, 2016.**

## COMMUNITY AND NEIGHBORHOOD

### POINT ON THE COMMUNITY

#### See You Later, Summer!

Although we have had a long, hot fall, it is that time of year. We're getting ready to exchange our swimsuits for sweaters and scarves just in time to roll up our sleeves and prepare our homes for cooler weather. As we watch summer fade into the sunset, consider adding the following items to your winterization checklist, and ensure your home is in tip-top shape for the fall and winter seasons.

#### Update window treatments.

Summer's venetian blinds and sheer curtain panels won't keep the frigid air from creeping in on a cold night. Consider switching to a denser curtain fabric for the winter months to keep your home feeling cozy and keep heating bills low.

#### Schedule appliance check-ups

Your HVAC system, air ducts and hot water heater should be checked by a licensed professional to ensure all elements are in good shape for the change in weather, especially if any appliances worked overtime during summer months.

#### Don't forget the attic

Check for leaks in the roof, possible cracks in attic windows and insufficient insulation. With the help of a licensed professional or advice from your local home improvement store staff, you can shield your attic from harsh weather.

#### Replace weather stripping

Doors and windows need extra help to hold heat inside your home. Inspect all door and window perimeters for cracks or tears in the current weather stripping. You also can add a second layer of protection with temporary weather stripping applied over the top of your existing seals.

#### Deep clean and declutter

Thoroughly clean your home's nooks and crannies inside and out. Ensure electrical cords, outlets and air vents are dust and clutter free; tidy up garages and storage areas; and clear any debris from your home's exterior, especially around vents and drains.

### POINT ON THE ROGUE VALLEY

#### The Randall Theatre - a Gem in the Heart of Medford.

On the corner of Front and 3rd Streets in Medford sits the Randall Theatre, an intimate community playhouse committed to high quality productions in drama, comedy and musical theater. With each production, they bring together the best in Southern Oregon actors, directors and technical staff in an inviting and meaningful setting.

In striving to make live theater affordable to all, the Randall Theatre is the only theater in Oregon to offer a "Pay What You Want" program for all of its shows. Reserved seats are \$15 when purchased in advance online or by calling the theater at

541-632-3258, or theater goers can choose their own ticket price (\$1 minimum) at the door for any unsold seats 30 minutes before show time.

This November, the Randall Theatre Company Presents Broadway or Bust! *A Musical Revue featuring the Best of Broadway from the 1960's.*

For more information please visit their website at [www.randalltheatre.com](http://www.randalltheatre.com)

### POINT ON THE GOOD HEALTH

#### Tips for a Better Night's Sleep

Sometimes as the seasons change, so do our sleep patterns. Many of us find ourselves wide awake in the middle of the night wondering if counting sheep really works. Even if those sheep do the trick, mornings often arrive and we do not feel well-rested or refreshed.

There are some tips for getting a better night's sleep, which can help us be more energetic and productive during our waking hours. Avoid caffeine and nicotine in the afternoons and evenings. Within a few hours before bedtime it is best to avoid computers, video games, exercise, large meals and alcohol.

During the day, try to get at least 30 minutes of exposure to natural sunlight. Also, it is a great idea to wind down before going to bed.



### November Calendar of Events

- 11/01 – Daylight Saving Time Ends (fall back)
- 11/05 – Street Sweeping**
- 11/06 – The Peanuts Movie in Theaters
- 11/11 – Veteran's Day (office closed)
- 11/19 – Street Sweeping**
- 11/20 - The Hunger Games: Mockingjay – Part 2 in Theaters
- 11/25 – Office Closed
- 11/26 – Thanksgiving (office closed)
- 11/27 – Office Closed

### GATHER TOGETHER, GIVE THANKS AND EAT PIE

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APPLE, AUTUMN, COLONISTS, CORNUCOPIA, CRANBERRIES, DINNER  
DRUMSTICK, FAMILY, FOOTBALL, GOBBLE, GRATEFUL, HARVEST, HOME, LEFTOVERS,  
MAYFLOWER NOVEMBER, OVEN, PILGRIM, STUFFING, TRADITION, WISHBONE