



COMMUNITY AND NEIGHBORHOOD

POINT ON THE COMMUNITY

Christmas Lights Parade

Join the City of Central Point in celebrating the holidays with their 4th annual lights parade on Saturday, December 5th at 5:15 in downtown Central Point. This event kicks off the holiday season in Central Point. After the parade, come down to City Hall to view the lighted parade entries up close. You can also enjoy crafts, games, free cocoa and cookies, Kiwanis book giveaway and the lighting of the city tree. Kids can also visit with Santa.

The city relies on volunteers to help with the event, including helping with crafts, games, Santa visits and handing out free hot cocoa and cookies. More than 30 volunteers are needed to help with the event every year! Sign up for volunteer opportunities at www.shiftboard.com/centralpointoregon.

Do you want to enter the parade? The city would love you to, but there are requirements that must be met. Every parade entry must be brightly lit, including but not limited to cars, floats, walkers, horses, etc. Also, the city aims to keep the parade to no more than 30 minutes, which means there is a limited amount of space available in the parade. If you want more information, email parks@centralpointoregon.gov.



POINT ON THE ROGUE VALLEY

Safety Tips for Winter Road Trips

Preparedness is paramount when it comes to road trips year-round, and hitting the road for a long drive during winter months is no exception. With an increased risk of potential driving hazards like sleet, snow, strong winds and frigid temperatures, it's a good idea to think about ways to ensure you'll travel safely.

Consider the following tips when preparing for your winter road trip.

Invest in an emergency kit for your vehicle. Available at most major retailers, these kits are relatively inexpensive and contain items like flares, booster cables, flashlights, ponchos and first aid supplies for minor injuries. Also, store warm blankets in your vehicle so that you can stay warm.

Stay in touch. Check in with a designated contact during your journey with updates on your location, delays encountered or unexpected situations that require longer travel time.

Check the local weather report before heading out. Winter weather can be tricky and forecasts aren't always accurate. You can double check your destination's weather history on a variety of websites to determine typical conditions to expect in that area during your travels.

Review your travel route without GPS. Consider keeping a map handy in case your navigation system is compromised during your trip.

POINT ON THE GOOD HEALTH

A Parent's Survival Guide

Your sanity is important at all times, but especially during the holiday season. As parents, we expect some amount of stress, but it is always a good idea to plan ahead as much as possible to keep stress to a minimum.

Organize your shopping list and spread your shopping activities out over a few weeks.

Have the holiday dinner at someone else's home if having it at yours is too much stress. Also, the Association clubhouse is a great place to have a party with less stress than at home.

Have your children help you with various aspects of preparing for the holidays. Make holiday decorations together from ideas gathered from magazines, Pinterest or special holiday craft books. Some craft ideas make excellent gift ideas.

Traditions and rituals build firm foundations and reduce children's holiday hyperactivity by creating a sense of family identity. Dinner menus, religious observances, advent calendars, gift wrapping parties, ornament collecting, sing-a-longs, and special holiday stories are just a few ways that parents can develop more intimate relationships with their children.



December Calendar of Events

- 12/03 – Street Sweeping
- 12/06 – Hanukkah Begins at Sundown
- 12/17 – Street Sweeping
- 12/18 – Star Wars: The Force Awakens in Theaters
- 12/21 – Winter Begins
- 12/25 – Christmas (office closed)
- 12/26 – Kwanza Begins (office closed)
- 12/31 – Street Sweeping
- 12/31 – New Year's Eve

