

The Central Point

Hidden Grove & Green Valley

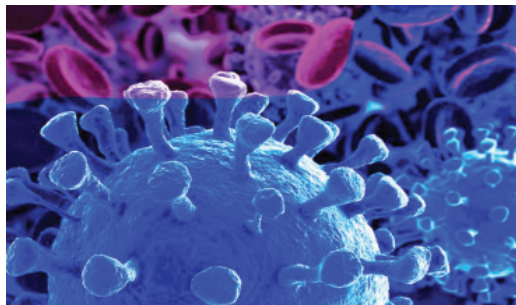
April 2020

"Our mission is to provide for the safety of our residents, maintain the common property and protect our home values."

POINT ON ASSOCIATION AND BUSINESS



Coronavirus Disease (COVID-19) and Our Community



No doubt that things have changed in our community due to coronavirus disease (COVID-19) over the last several weeks. Even as most of us do our best to practice social distancing and keep our hands clean, we wonder if the cases in Jackson County will go up. All of us are living with the Stay at Home Order (Executive Order No. 20-12) and wondering how long it will last. We can't answer all these questions, but we thought we would share what information we do have.

Pursuant to State of Oregon Executive Order No. 20-12, the Hidden Grove/Green Valley office is closed to everyone except business-critical visitors. For business-critical visitors, the HOA will enforce social distancing policies, consistent with guidance from the Oregon Health Authority.

What does this mean for you? Unless you have critical business that requires a face to face meeting, the HOA may be reached by phone, text or email during office hours of 9:00am to 2:00pm until further notice.

You can reach us at 541-664-3996 (phone or text) or email hggv.office@gmail.com. Barring any unforeseen illnesses, the office is open, and we are happy to take calls and respond to emails during office hours.

The Stay at Home order also prohibits non-essential social and recreational gatherings of individuals outside of a home or place of residence regardless of size, if a distance of at least six feet cannot be maintained. Further, the order calls for the immediate closure of all pools, outdoor sports courts and playground equipment areas.

As such, the Hidden Grove/Green Valley clubhouse picnic area and grounds will be closed until further notice.

Next meeting of the Board of Directors is TBD. We will be sending out an email to our email distribution list once we know we can

schedule a meeting. If you would like to receive emails from HGGV, please contact us by phone/text: 541-664-3996 or email hggv.office@gmail.com



Oregon State Police Answers FAQs Related to Stay at Home Order

Oregon State Police wants to help alleviate citizens' concerns during a time of uncertainty by answering their most frequently asked questions.

Here are all the Q-&-As OSP released on Tuesday, March 24:

Is this martial law?

No, not even close. There are no curfews and a person's movements are not restricted under the Governor's Executive Order. While details are offered in the order relating to social distancing, specific business closures and non-essential social gatherings- Oregonian's movements are generally unrestricted.

Do I need documentation from my employer deeming me essential?

No. The Governor's Executive Order closes certain businesses, outlined in section (2). These businesses reflect operations that would make close contact difficult or impossible to avoid. Officers are not asking or looking for any type of special paperwork from your employer.

Will I be pulled over for driving on the highway?

Not for violation of the Governor's Executive Order, which specifically outlines efforts to avoid large gatherings- not restrict the movement of Oregonians. If, however, you are committing a traffic violation or crime that would be enforced independent of the order, you may be stopped, like any other day.

Are the state lines closed and are there roadblocks?

No, traffic is moving freely within Oregon and our border states. There are no roadblocks or

restrictions of vehicle movement. Washington State is operating under a similar executive order from their Governor, so Oregonians should be aware of these provisions when traveling in their state.

Are police arresting or ticketing people in public or in violation of the governor's executive order?

People that violate the Governor's Order in an Emergency Declaration could be arrested or cited, which is a C Misdemeanor- the lowest level of criminal conduct designation. All Oregon law enforcement are united on the premise that police action is extremely undesirable and we hope to educate Oregonians if congregating in violation of the Governor's Order. Citation or arrest would be an extreme last resort if a person failed to comply with the lawful direction of a police officer.

What about my kids that might congregate in a place without permission, like a skate park?

Police know our children don't often take their parent's advice and may ignore direction when away. Like adults found to be congregating in a location, officers will likely approach the youths and educate them on the order. Citations and arrest are extremely unlikely, reserved for only the most extreme circumstances.

Can I still go hiking and fishing?

Yes. Oregonians can still recreate outdoors, if their recreational activity involves non-contact with others and they can maintain appropriate social distancing- which is defined as 6 feet or more from others. Oregonians and visitors to our state should be aware most campgrounds and boat ramps are closed, so you should research your plans before recreating.

Should I call 911 if I see people congregating?

No. The level of this violation is not for reporting police, fire or medical emergencies through 911. People may choose to self-educate their fellow Oregonians or if a large gathering is noted, they may call their respective police agency's non-emergency number.



STAY HOME. SAVE LIVES.

COMMUNITY AND NEIGHBORHOOD HAPPENINGS

POINT ON THE COMMUNITY

Resources for Residents During this Difficult Time

Everywhere we look during this difficult time, we see organizations out there trying to make things easier for everyone. Here is some information that may be helpful:

Utilities:

- Avista - Avista has stopped all utility disconnects and collections.
- City of Central Point Utilities (water) - Utility bills are due and payable as received, but for the next 60 days, the City will not be interrupting water service for nonpayment and will be waiving late fees/penalties.
- Pacific Power- Pacific Power has temporarily suspended nonpayment disconnections and late fees for their residential, commercial and industrial customers.
- Rogue Disposal - No interruption of trash collection, but temporary closure of walk-in customer service offices beginning Tuesday, March 17. Trash drop off, yard debris drop off and recycling depot operations will remain open.
- Rogue Valley Sewer - Sewer late fees will be waived for the months of March and April.
- If you find yourself late on any HOA dues, the Board will hear any requests to have late fees waived.

Kids:

Kids Unlimited: Beginning Monday, March 23, ALL children under the age of 18 can pick up a grab-and-go style scratch-cooked breakfast and lunch. Please come through the alleyway at the Kids Unlimited Academy Building, located at 821 N Riverside Ave, between 8:30-12:30, Monday-Friday.

School District 6: Both breakfast and lunches will be available at Central Point Elementary, Jewett Elementary and Patrick Elementary. Breakfast is from 7:30 am to 9:00 am and lunch is served from 11:30 am to 12:30 pm at all three locations. Both cafeteria meals (with social distancing measures in place) and a “grab and go” drive through are available at all three school sites. “Grab and Go” meals will also be distributed at the following locations and times: Rainey’s Market 12:30 pm, Don Jones Park 11:40 am, Taco Delight on Table Rock Road 12:00 pm, Glen Echo 12:05 pm, Twin Creeks Park 11:40 am.

Please note that meal distribution sites will be served by FirstStudent busses and busses will serve for approximately 10 minutes at each site. If you cannot access meals for your children at any of these school sites or “grab and go” sites, please contact Samantha Steele at samantha.steele@district6.org and they will make every effort to make meals available to your children.

Resources for Kids at home:

- Charter is offering free access to Spectrum Broadband and Wi-Fi For 60 days for new K-12 and college student households <https://corporate.charter.com/newsroom/charter-to-offer-free-access-to-spectrum-broadband-and-wifi-for-60-days-for-new-K12-and-college-student-households-and-more>
- Activities and online resources for homebound kids <https://www.livescience.com/coronavirus-kids-activities.html>
- Amazon Lifts Prime Video Paywall for Kids' Programming: <https://www.hollywoodreporter.com/live-feed/amazon-lifts-prime-video-paywall-kids-programming-1285913>



Shopping for elderly and at-risk groups

- Albertsons: vulnerable shoppers Tuesdays & Thursdays 7:00am – 9:00am
- Costco: 60 and older and those with physical disabilities Tuesdays & Thursdays, from 8:00am – 9:00am
- Food 4 Less: Seniors 60 & Older Monday, Wednesday & Friday 7:00am – 7:30am
- Fred Meyer: Seniors 60 & Older Monday - Thursday 7am – 8am
- Rays: Seniors Tuesday & Thursday 7am – 8am
- Safeway: vulnerable shoppers Tuesday & Thursday 7:00am – 9:00am
- Winco: Seniors (60+) Vulnerable shoppers Tuesday & Thursday 6am - 7:30am

Tax filing:

- IRS delaying filing deadline to July 15, 2020
- Oregon department of Revenue delaying filing deadline to July 15, 2020

Ways to help:

- **Donate Blood.** There is a severe blood shortage. Eligible and healthy donors are strongly urged to make an appointment to provide lifesaving blood products to patients. Please give now.
- Order take out or delivery from our **LOCAL RESTAURANTS!** Many of them are open for business (take out/delivery).
- Go to the store to get groceries for a neighbor who is in a high-risk group.
- Don't hoard or overbuy essentials. If you do end up overbuying, consider donating your extra items instead of storing them. Homeless shelters and animal shelters are in dire need of supplies like hand sanitizer and cleaning products, and they could really use the support right now.
- Be kind – it goes a long way.



DON'T TRY COVID-19 REMEDIES SUGGESTED ON SOCIAL MEDIA. MANY ARE HARMFUL.

Scientists are testing potential medications, but nothing is approved yet for COVID-19.

COVID-19 PREVENTION

DON'T SELF-MEDICATE BY INGESTING:

- ✗ Hydroxychloroquine or chloroquine
- ✗ Bleach
- ✗ Hydrogen peroxide
- ✗ Excess colloidal silver
- ✗ Excess vitamin D
- ✗ Anything purported to be a COVID-19 medication (there isn't one)

3/27/20

#StayHomeSaveLives

SOURCE: OREGON POISON CENTER



COVID-19 PREVENTION

DO:

- Clean hands often
- Stay at least 6 feet from others
- Stay home except for essential trips (groceries, pharmacy)
- Cough or sneeze into a tissue or elbow; toss tissue right away
- Clean and disinfect frequently touched surfaces (doorknobs, counters)

WHAT TO DO IF YOU'RE SICK

MILD ILLNESS

FEVER
COUGH
MILD SHORTNESS OF BREATH

- Stay home.
- Stay away from others in your home.
- Keep everyone in your household home.
- Stay in touch with your doctor.
- Wear a face mask.

EMERGENCY SIGNS

TROUBLE BREATHING
CHEST PAIN OR PRESSURE
NEW CONFUSION OR CAN'T AWAKEN
BLUISH LIPS OR FACE
OTHER SEVERE SYMPTOMS

- Call 9-1-1 **OR**
- Call the Emergency Room so providers can prepare for you.

COMMUNITY AND NEIGHBORHOOD BULLETIN BOARD

Manage Anxiety & Stress

The outbreak of coronavirus disease (COVID-19) may be stressful for people. Fear and anxiety about a disease can be overwhelming and cause strong emotions in adults and children. Coping with stress will make you, the people you care about, and your community stronger.

Things you can do to support yourself:

- Things you can do to support yourself Take breaks from watching, reading, or listening to news stories, including social media. Hearing about the pandemic repeatedly can be upsetting.
- Take care of your body. Take deep breaths, stretch, or meditate. Try to eat healthy, well-balanced meals, exercise regularly, get plenty of sleep, and avoid alcohol and drugs.
- Make time to unwind. Try to do some other activities you enjoy.
- Connect with others. Talk with people you trust about your concerns and how you are feeling.

For parents: children and teens react, in part, to what they see from the adults around them. When parents and caregivers deal with the COVID-19 calmly and confidently, they can provide the best support for their children. Parents can be more reassuring to others around them, especially children, if they are better prepared.

There are many things you can do to support your child:

- Take time to talk with your child or teen about the COVID-19 outbreak. Answer questions and share facts about COVID-19 in a way that your child or teen can understand.
- Reassure your child or teen that they are safe. Let them know it is ok if they feel upset. Share with them how you deal with your own stress so that they can learn how to cope from you.
- Limit your family's exposure to news coverage of the event, including social media. Children may misinterpret what they hear and can be frightened about something they do not understand.
- Try to keep up with regular routines. If schools are closed, create a schedule for learning activities and relaxing or fun activities.
- Be a role model. Take breaks, get plenty of sleep, exercise, and eat well. Connect with your friends and family members

Taking care of yourself, your friends, and your family can help you cope with stress. Helping others cope with their stress can also make our community stronger.

Yard and Lawn Care Corner

What To Do in April

Trees and Shrubs: Prune non-flowering shrubs. Prune summer and fall flowering shrubs before they get flower buds.

Perennials and Bulbs: Cut back dead foliage on perennials and ornamental grasses. Be careful not to cut new growth. Plant, divide, and transplant perennials.

Annuals and Containers: Clean and sanitize summer containers and plan your design for this summer. Start summer annual seeds indoors.

Lawns: Aerate and dethatch only if absolutely necessary – those tasks are best done in the fall. Begin post emergent weed control. Apply pre-emergent herbicide or corn gluten to prevent crabgrass and other annual weeds. Top-dress lawns and patch bare spots. Lawns will be very soggy, so treat them gently and avoid too much traffic. Resume your warm-weather watering schedule when grass begins growing.

Governing Documents Corner

Keeping Plums off the Sidewalks this Summer - Plum Tree Spraying

The Board has discovered that the Grange Coop sells a spray product that will reduce fruit production on plum trees thus reducing the mess they create on our streets and sidewalks. For best results, the spray should be applied when trees are in full bloom. The spray should not be so heavy it runs off the leaves. Pets and kids should be kept off the sprayed area until it has dried. Any residents wanting to take advantage of this remedy should contact the Grange Co-op for more details.

Sign Up For E-Statements!

Do you check your email every day or two? If so, you are the perfect candidate for E-statements. E-statements are faster than the Post Office, environmentally friendly, minimize paperwork and reduce community costs.



Email us at hggv.office@gmail.com to sign up.

"Not all heroes wear capes, but a whole dedicated bunch of them wear scrubs. "

-Anonymous