

THE Hidden Grove & Green Valley CENTRAL POINT March 2019

“Our mission is to provide for the safety of our residents, maintain the common property and protect our home values.”

Point on Association and Business



Save Driving & Observing Traffic Signs

Our Association wants our residents to feel safe while outside in our community, and we are fortunate that the streets within Hidden Grove/Green Valley are generally quiet. Many of our residents get out and walk throughout the neighborhood to walk their dogs and exercise. Also, most of the neighborhood children get out onto the neighborhood streets to ride bikes or scooters, play games or run over to a friend's house. Morning and afternoon, many of our neighborhood children are out walking to and from their bus stops.

As drivers, we sometimes get used to our quiet streets and forget to follow the neighborhood traffic signs. AAA offers several ways to keep all our neighbors, especially our kids, safe.



Slow down — The HOA regularly receives complaints from residents about speeding. Please take time to slow down so that all our residents feel safe in our neighborhood.

Did you know that our CC&Rs address a speed limit for vehicles driving on our association streets? Specifically, the CC&Rs state: Speed within the Subdivision is TEN (10) MPH. **Speed violators will be reported to the Homeowners Association and may, thereafter, be fined by the Homeowners Association.**

Enforcement of this speed limit is difficult for the Association Board and Manager because we do not have access to DMV records, and we don't know all vehicles owned by our residents and/or their guests.

If it is presented to the Board or Manager that a specific resident or one of their guests has been speeding through our streets, we will not hesitate to give a warning. If the problem persists, fines may be imposed.

Eliminate distractions — Children often cross the road unexpectedly and may emerge suddenly between two parked cars. Research shows that taking your eyes off the road for

just two seconds doubles your chances of a collision.

Reverse responsibly — Every vehicle has blind spots. Check for children on the sidewalk, driveway and around your vehicle before slowly backing up. Teach your children to never play in, under or around vehicles—even those that are parked.

Talk to your teen — Car crashes are the leading cause of death for teens in the United States, and more than one in four fatal crashes involving teen drivers occur during the after-school hours of 3 to 7 p.m.

Come to a complete stop — Research shows that more than one third of drivers roll through stop signs in neighborhoods. Always come to a complete stop, checking carefully for children on sidewalks and in crosswalks before proceeding.

Watch for bicycles — Children on bikes are often inexperienced, unsteady and unpredictable. Slow down and allow at least three feet of passing distance between your vehicle and the bicycle.

Following these simple steps will go a long way in insuring our neighborhood remains a safe, fun place for residents and children.

Please Mark Your Calendar for Our Next Board Meeting to Learn about Our HOA and the Firewise USA® Program

At 6:00pm on March 20 in the clubhouse, the Board of Directors will have two speakers here to talk about the Firewise USA® program and our Association's involvement in it.

Fire District 3 promotes the Firewise USA® program and Ashley Blakely is the community liaison for education and implementation. Ashley and Herb Johnson from the Oregon Department of Forestry have surveyed our community and have prepared an action plan that will help us minimize our risks in the event of a wildfire. They have identified a number of homes that could benefit from fuels reduction work. **As a reminder, everyone is welcome and encouraged to contact Ashley or Herb at 541-664-3328 for a home assessment evaluation.**

Here are the next steps in the process:

1. Share the finding of the risks assessment
2. Discuss fuels reduction/grant funding
3. Answer any additional questions the community may have the program (evacuations, landscaping, fire-resistant construction, etc.)

They will also have pre-printed materials which include information on:

- Be Ember Aware
- Fire resistant shrubs and trees for privacy screening in Southwest Oregon
- Fire- Resistant plant dorm home landscaping
- Firewise USA® Reducing wildfire risks in the home ignition zone

We hope to see many of our residents at this meeting so we can begin working together to make our neighborhood a safer place in the event of another wildfire.

Resident's Open Forum

Although Board Meetings are in place to conduct the business of the Association, the Board loves for residents attend. This enables residents to hear the discussion and decision making of the Board. The Board also recognizes that often residents have something to say. As such, they have a line item on their agenda for residents to address the Board. If you have something of concern that you would like the Board to discuss in Regular Session, please call management at least 1 week prior to the meeting to request your item to be placed on the agenda.

Next meeting of the Board of Directors will be Wednesday, March 20th at 6:00pm in the clubhouse.

CC&Rs Corner

Garbage Cans - Did you know that our CC&Rs direct that garbage cans are to be pulled in after trash pick-up on Fridays. If you live in Hidden Grove: cans are to be or at the rear of carport or, if there is no carport, in the garage or behind the fence. If you live in Green Valley: cans are to be placed in the garage or behind the fence.



POINT ON THE GOOD HEALTH

Easy Ways to Improve Your Nutrition Starting Today

Good nutrition is an important aspect of living a happy and healthy life. It provides your body the various nutrients necessary for energy, rest and a sharp mind. There are many simple ways to incorporate good nutrition into your lifestyle to help you maintain a high level of activity.

Protein is a crucial part of your diet and many people don't consume enough. The best form of protein is lean, red meat, like steak. Chicken and pork are also good sources. Protein makes you feel full and aids the growth of muscle in your body, making it one of the most important nutrients to consume during any diet.

When you make a salad be sure that most of your salad is leafy greens and foods like celery and mushrooms. These types of foods contain nothing but vitamins and water. You can eat as much of them as you want and not worry about any added fat or calories.

Foods that have been processed to oblivion are not healthy and are not good for you to eat. You should eat foods in their simplest form such as raw broccoli, bananas and rice that has not been overly processed.

It is easy to integrate good nutrition into your daily meals, ensuring that you have the vitamins and minerals your body craves. Take care of yourself today and in the years to come by making nutritious consumption a regular part of your routine. You deserve the best nutrition every day so you can obtain wellness for yourself.



POINT ON THE COMMUNITY

Spring Checklist for Home and Lawn Care

Whether you're considering the resale value of your home or are simply resigned to doing maintenance projects to keep your house in good condition, your home and lawn could benefit from some springtime TLC.

The exterior of your house including the landscaping is the first thing most people see, and even mild winters can inflict seasonal damage. If you don't know where to start, this project checklist may help. Consider the following lawn and garden-maintenance tips from home and garden experts at HGTV and MarthaStewart.com:

- Remove piles of dead leaves from the lawn. Not only will your grass grow greener, a clean lawn helps maximize fertilizers and pesticides. Don't make the mistake of fertilizing your grass too early though. April is the general benchmark; any sooner might result in yellow spots and dried-out patches of grass.
- Check gutters for leaks and debris. Loose gutters cause improper drainage, so water can collect in crawl spaces under your home. Downspouts should point away from the foundation of the house and must be clear of all debris.
- It's a good rule of thumb to check your roof for rotted, buckled, loose or missing shingles after winter because summer sun will only worsen the damage. Since roof maintenance is so expensive, it's also smart to start a roof fund before you need it.
- Remove piles of wood or debris stacked near the home. Firewood should be kept far away from the foundation and stacked 18 inches off the ground. These preventative measures help keep insect pests from exploring your home.



Call a professional to clean your AC unit. Heating and cooling experts recommend an annual servicing since clean coils work more efficiently. When the summer's blazing heat drives you indoors, your family will appreciate having an AC operating at peak levels.

Don't strain yourself and stay hydrated. This might be the first time you've done any heavy lifting or spent hours in the sun for months. Remember to drink plenty of fluids, take breaks and stretch your muscles.

POINT ON THE ROGUE VALLEY

Two Food Festivals in the Valley This Month

March in the Rogue Valley is a great month to try some tasty treats. There are two food festivals: one just across town, and another just a few miles up I-5.

The Oregon Chocolate Festival will be held on March 8-10 in Ashland. Now in its 15th year, the festival is held for the 4th year at the stylish and magnificent Ashland Hills Hotel & Suites.

Each year the festival features the dreamy, mouth-watering creations of dozens of West Coast chocolatiers. These food artisans present a variety of fine chocolates and chocolate-inspired products that tease the taste buds of over 1500 visitors.

Several tantalizing events have come to be associated with the Oregon Chocolate Festival including Spa Chocolate Cocktail Party for adults and the Chocolate Maker's Wine Dinner. A Chocolate Product Competition and the Chocolate Dessert Contest raise the bar on chocolate creations. Workshops on Wine & Chocolate pairings, and educational sessions including one about the History of Chocolate, and chef demonstrations are sprinkled throughout the day on Saturday and Sunday.

The Oregon Chocolate Festival will donate 10% of the ticket sales to the ASANTE's Children's Miracle Network and the Medford based Neonatal Intensive Care Unit.

Please visit their website at: <http://www.oregonchocolatefestival.com/> for more information

Also in its 15th year, is the **Oregon Cheese Festival** held on March 16th & 17th, at the Rogue Creamery and the Craterworks Marketplace here in Central Point. Tickets are \$15 in advance or \$20 at the door. Adult beverage tasting is a \$10 add-on ticket. Free admission to children 12 and under.

The Oregon Cheese Festival is a farmer's market-style event celebrating cheese and everything that goes with it. Sample and purchase local, artisan cheese featuring cow, sheep, and goat cheese from Oregon and Western U.S. creameries. Enjoy pairings of fine Southern Oregon wine, craft beer, ciders and other assorted beverages.

Culture Magazine, one of the leading periodicals in the cheese industry, has named the Oregon Cheese Festival one of the Ten Best Cheese Festivals in the U.S.

Please visit their website at: <https://www.oregoncheesefestival.com/> for more information.



Hidden Grove/Green Valley
Homeowners Association

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HIDDEN GROVE & GREEN VALLEY

Community and Neighborhood Bulletin Board

March Calendar of Events

03/06 – Ash Wednesday

03/08 – 03/10 – Oregon Chocolate Festival in Ashland

03/10 – Daylight Saving Time Begins (**Spring Forward**)

03/16 – 03/17 Oregon Cheese Festival at Rogue Creamery

03/17 – St. Patrick's Day



03/20 – Board Meeting 6:00pm in the clubhouse (Guest speakers will discuss the Firewise USA® program)

03/20 – First Day of Spring & Full Moon

03/20 – 03/31 – School District 6 Spring Break

03/29 – Dumbo in Theaters



Sign Up For E-Statements!

Do you check your email every day or two? If so, you are the perfect candidate for E-statements. E-statements are faster than the Post Office, environmentally friendly, minimize paper work and reduce community costs.

Email us at hggv.office@gmail.com to sign up for E-Statements.



Watch for kids.
Watch the road.

watchtheroad.org

“It was one of those March days when the sun shines hot and the wind blows cold: when it is summer in the light, and winter in the shade.”

– Charles Dickens